

LOOKING FOR PASSIONATE THERAPIST TO MAKE A DIFFERENCE

With mental health needs what they are, it seems like every psychology practice is hiring. But as you are looking to join a group practice, how do you avoid the constant pressure to see more clients, instead of prioritizing and refining your own skillset and well-being? Sure, you could put out your own shingle and fill up your roster, but are you prepared to manage all the elements of business ownership outside of your clinical hours? If you're new grad, are you stuck continuing to grind through these final hoops of registration, or is there a way to use these first years out of school to establish a strong foundation for a long, successful career?

At the Tri Health Clinic, we are here to get out of your way so that you can do what you do best – treat the clients that you are so passionate about helping – while also prioritizing your own growth and well-being. We offer all the supervision you need, and you get to personalize the focus of that supervision: Development of new/existing clinical skills; Practice management skills; Integrating research and clinical practice; and more.

Our goal is to help you become the best clinician you can be, with an emphasis on avoiding burnout – a real risk that we all face in this field. Don't view your year of supervised practice as yet *another* series of hoops to jump through. Don't join just any group practice and be overwhelmed with pressure to see more and more clients who may not be the best fit for you to begin with. Instead, join our team and learn everything you never learned in grad school about becoming a successful, balanced, burnout-proof psychologist.

We are a clinic that focuses on all things sex and couples therapy in Ontario. Our ideal applicant would have an interest in one or both of these clinical topics (experience in these topics is not necessary; we're here to train if you need that!).

WHAT WE OFFER

- A warm and encouraging environment with supportive, genuine teammates.
- Group and individual supervision/consultation opportunities are available.
- Compensation is competitive.
- We have a large, beautiful office space including all the office supplies you can dream of.
- All team members have access to a comprehensive How-To Guide and training videos for clinicians to excel in our practice.
- Our extensive waitlist is managed by a talented Intake Coordinator who will work with you to find the clients best suited to your talents.
- Opportunity to supervise clinical psychology graduate students at Queen's University.
- Flexibility to work online, in person or both, as long as you are registered to work in Ontario. Keep in mind that our office is physically located in Kingston, ON, so priority will be given to those with in-person capabilities.

- You will be hired as an independent contractor, meaning that you are a part of our team, but you are your own boss! You get all the bonus of joining an established practice, plus the absolute freedom of being your own boss.

QUALIFICATIONS

- You are registered or eligible for registration with a professional college that permits you to perform the controlled act of psychotherapy in Ontario.
- You know evidence-based models of practice inside and out, including a very strong foundation in ACT, CBT, mindfulness, and/or EFT.
- You've got assertiveness skills and can hold the duality between being a clinician and a business team member. You have the ability to set healthy boundaries with clients, collect payments from clients, charge for no shows in accordance with clinic policies, and/or a willingness to learn how to better do this in an effective and therapeutic way.
- You are very comfortable with performing literature searches in order to stay on top of the newest science. You may already have an email alert for new, relevant research findings set up.
- You have a curious mind. You are always looking for ways to learn more, improve your clinical skills, or find new, innovative ways to deliver therapy. You've taken part in clinical training workshops and found them inspiring! You love questionnaires and symptom tracking. Data gets you excited, especially when it's data showing your client's improvements. And learning new technology doesn't scare you – in fact, bring on the challenge!
- You are self-directed, detail-oriented, passionate about what you do, and have a strong drive to better the mental health care field as a whole.
- You prioritize self-care in your own life, keeping a healthy balance of clinical work and personal wellbeing!
- An asset would be an applicant with either some specialized training in best practice treatments for any of the following (or someone who is interested to learn more about these clinical topics):
 - Sexual health
 - Couple's therapy
 - Chronic Pain
 - Trauma
 - Postpartum concerns
 - Health psychology

For more info, check out the website:

Trihealthclinic.com or contact us at hello@trihealthclinic.com (please title inquiry emails as “Question About Job Application”)

To apply, please submit the following to hello@trihealthclinic.com :

1. Cover letter
2. Curriculum vitae
3. Please title your email “**Job Application**”

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