

LOOKING FOR PASSIONATE SEX/COUPLES THERAPIST TO MAKE A DIFFERENCE

The Tri Health Clinic is dedicated to using science to help people live their best sex lives. We believe that good sex is about healthy minds, healthy bodies, and healthy relationships, and we strive to work with each client to align all three of these pillars using what the science shows us works.

We also believe that, in order to provide the best care to our clients, we need to apply the same principles to our own lives. We believe that it's important for our clinicians to have a genuine understanding of how hard it is for the people sitting in the client chair. As a result, we emphasize the importance of all our clinicians operating on a full gas tank via personal self-care and self-exploration in order to be the best versions of themselves and to avoid burnout. We are looking to hire an autonomous therapist with expertise in sex therapy and who wants to change the game of sex therapy delivery in Ontario.

- Practice is primarily online at this time, so location is flexible as long as you are registered to work in Ontario. However, priority will be given to applicants who are living in/willing to relocate to the Kingston area.
- You will be an independent contractor, meaning that you are a part of our team, but you are your own boss! You get all the bonus of joining an established practice (e.g., consistent referrals tailored to your practice, regular group consultations, the comfort of working with a great team, one-on-one supervision, if needed) plus the absolute freedom of being your own boss.

QUALIFICATIONS

- You are registered with a professional college that permits you to perform the controlled act of psychotherapy in Ontario.
- You know evidence-based models of practice inside and out, including a very strong foundation in ACT, CBT, mindfulness, mindfulness-based sex therapy, and/or EFT.
- You already have at least some specialized training in best practice treatments for sexual health concerns, such as erectile dysfunction, early/delayed ejaculation,

sexual interest/arousal disorder, genito-pelvic pain (provoked vestibulodynia), atypical sexual interests, desire discrepancy, sexual health changes over the life cycle, etc.

- You may have experience with best practices in Couple's Therapy, including training in EFT for couples and/or Gottman approach.
- You've got assertiveness skills and can hold the duality between being a clinician and a business team member. You have the ability to set healthy boundaries with clients, collect payments from clients, charge for no shows in accordance with clinic policies, and/or a willingness to learn how to better do this in an effective and therapeutic way.
- You are very comfortable with performing literature searches in order to stay on top of the newest science. You may already have an email alert for sex therapy research findings set up.
- You have a curious mind. You are always looking for ways to learn more, improve your clinical skills, or find new, innovative ways to deliver therapy. You've taken part in clinical training workshops and found them inspiring! You love questionnaires and symptom tracking. Data gets you excited, especially when it's data showing your client's improvements. And learning new technology doesn't scare you – in fact, bring on the challenge!
- You are self-directed, detail oriented, passionate about what you do, and have a strong drive to better the mental health care field as a whole.
- You prioritize self-care in your own life, keeping a healthy balance of clinical work and personal wellbeing!

For more info, check out the website:

Trihealthclinic.com or contact us at hello@trihealthclinic.com (please title inquiry emails as "Question About Job Application")

To apply, please submit the following to hello@trihealthclinic.com :

1. Cover letter
2. Curriculum vitae
3. Please title your email "Job Application"